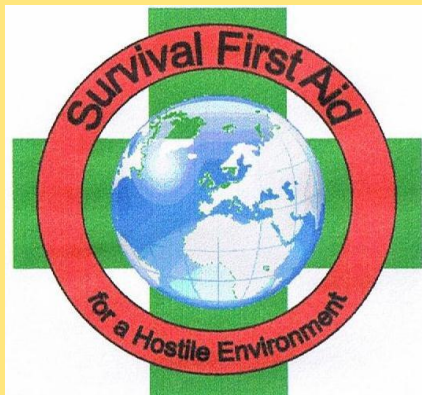


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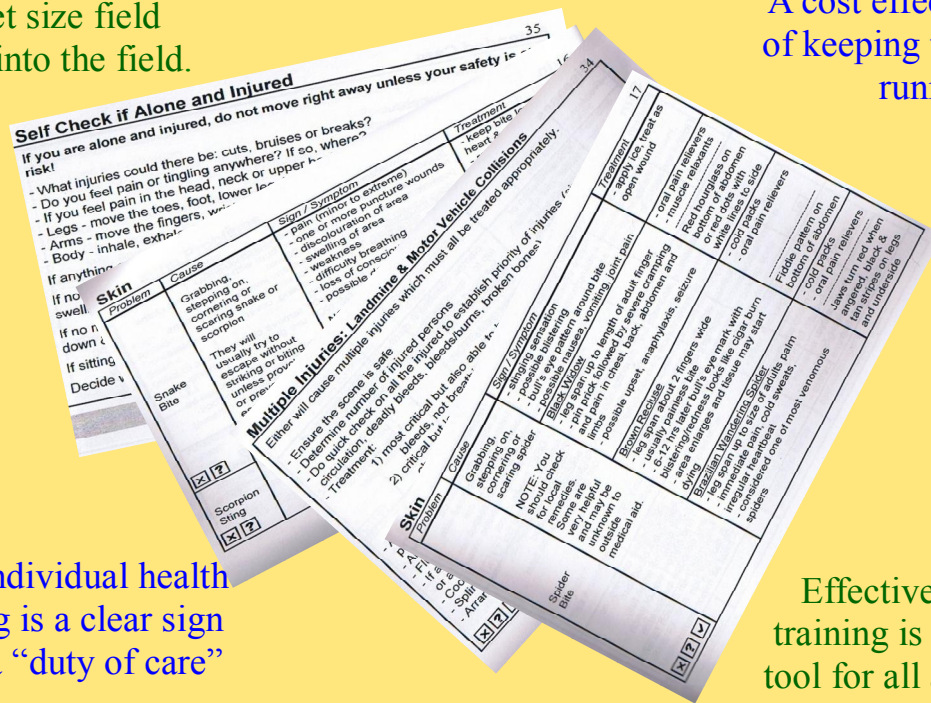
(trainers association for relief agencies)



## Essential First Aid Developed by Relief Workers for Relief Workers.

Useful pocket size field  
guide to carry into the field.

A cost effective means  
of keeping the program  
running



Maintaining individual health  
and well being is a clear sign  
of providing a “duty of care”

Effective First Aid  
training is an essential  
tool for all aid workers.

**Our First Aid trainers are one of the leading teams in Canada.  
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**Contact: Jeff Eames for further information. [Tara.training@gmail.com](mailto:Tara.training@gmail.com)**

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